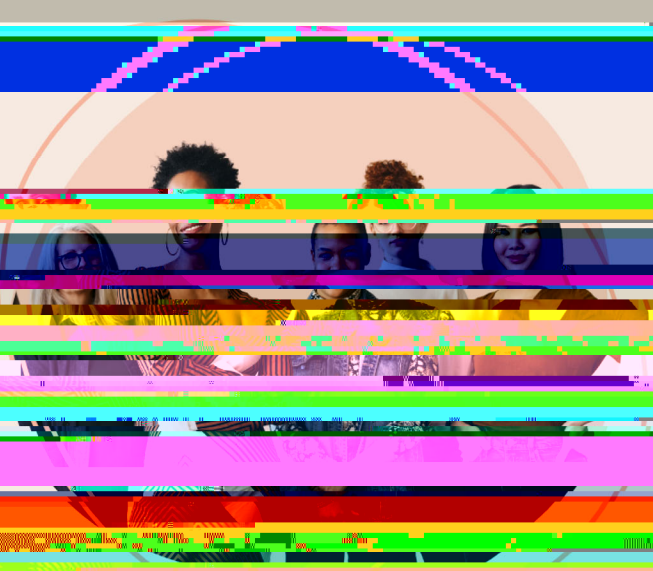


Next generation pelvic health care solutions

Digital pelvic therapy available at no cost to qualifying employees as a wellness benefit.

Learn more at <https://www.therahealth.com/h/nextgen>



1 Expert, individualized care
Thera's individualized care program is guided by Pelvic Health Specialists, all of whom have Doctor of Physical Therapy degrees.

2 Safe, intravaginal pod
Thera's safe, comfortable, and non-invasive pod targets the pelvic floor muscles, its encased in medical-grade silicone and provides a gentle, effective treatment.

3 Personalized digital therapy
Thera's digital therapy is designed to help you tackle stubborn issues and seek relief.

4 Evidence-based innovation
Thera's digital therapy is the first of its kind, approved by the Food and Drug Administration (FDA).

How prevalent are pelvic disorders?

- 1 in 4** women suffer from moderate to severe pelvic floor disorders
- 50%** of pregnant and postpartum women experience pelvic floor disorders
- 53%** of women with chronic pelvic pain experience reduced work productivity and absenteeism
- 74%** of women aged 18-59 experience pelvic floor disorders
- 1 in 3** women of childbearing age experience pelvic floor disorders